

TOP RANK TENNIS

The goals of top rank tennis is to develop tennis players of all levels by helping them use their unique abilities and drive to succeed.

“You Can have a good time at tennis and still be serious about it.” - Rod Laver.

TOP RANK TENNIS is a four part practice

•Part 1: Athleticism

Training exercise using a mixture of polymetrics, endurance training, strength training and stretching for dexterity.

•Part 2: Repetition

Stroke production Bio-Mechanics

Point design feed drills that will teach the trainee, strategy, court awareness, consistency & power.

•Part 3: Live drills and Points

Using strategies learned, Point situation problem solving, style development, confidence building, games and coaching

•Part 4: Sets and Match play

Team ladder matches, best of 7 sets, tiebreakers, doubles, quick tournaments. In order to play well you must practice sets and tournaments. *“Practice may not make things perfect but it sure makes things better.” - Brad Gilbert*



Trainees show off their professionalism & leadership skills during camp

TOP RANK TENNIS

Each Elite Team member will receive a pro performance micro-poly Top Rank Tennis shirt

All Program Participants will receive Discounted Stringing and Private Lessons.

“I can tell you the incredible athleticism that it takes to play it well. In tennis, the greater the athlete you are the greater your ability becomes to win and the more you separate yourself (from the field). From that standpoint, it requires strength, it requires fitness, it requires eye-hand (coordination), it requires every component.” - Andre Agassi

TOP RANK TENNIS PROGRAMS

• **TOTS Beginners:** One Day A Week Ages 4 to 7, Based on size and Coordination
45-Minutes = Amount \$18 monthly, Time 3:30 to 4:15

• **Strikers Classes:** One Day a Week Ages 9 to 16
1-hour = Amount \$24 monthly, Time 4:15 to 5:15

• **Varsity and Junior Varsity Tennis Training:** One day a Week Ages 11 to 16 Based on Ability. 1.5-hour
Amount = \$36 monthly, Time 5:15 to 6:45

• **Top Rank Tennis Trainee:** One day per week
2-hours Elite Program, Ages 11 to 18, Amount = \$48 Monthly, With one Private \$68 or with Two Privates \$80

• **Match Play Saturdays: Ladder Matches** \$12 monthly, Time 10am to 12pm

• **Top Rank Tennis Sargents: Elite Program**

• **Top Rank Tennis Team: Tour Elite Program**

• **Membership Programs / Sponsorships**

• **Marketing, Advertising and Referral Programs**

Adult Top Rank Tennis Team
ALTA / USTA Training and Coaching
Evenings/Daytime Classes

To receive a sign up package or to receive information on programs please completely fill out the contact form.

Mail to

William Vazquez -Coach V Tennis Services
Fair Oaks Tennis Center
1460 West Booth Road , Marietta GA 30008
770 – 528 – 8480 or C: 917-664-8824

Full Name _____

Address, Apt# _____

City, State Zip _____

Phone Number _____

Email Address _____

Brief Intro about yourself, USTA #, Rank, Goals, Tournaments played, ALTA Teams, Favorite players, Grades, Level of play, College

I would like (Circle): Information &/or Sign up
Classes Start February 1st.

Private Lessons ☐

TOTS: 45Min Mon, Tue, Wed, Thur, Fri ☐

Strikers:1-Hr Mon Tue Wed Thur Fri ☐

Varsity Tennis:1.5-Hr Mon Tue Wed Thurs Fri ☐

TRT Trainee:2-Hr Mon Tue Wed Thurs Fri ☐

ALTA USTA Adult Teams and Elite Programs ☐

Membership: \$5/Green
Take \$15 Dollars off Private Lessons ☐

Refer 5 new players Free month membership ☐

Services Provide by CoachV

- Private & group tennis lessons
- Racquet care & stringing
- Adult & junior classes
- Cardio tennis & fitness training
- Tournament training for high performance
- Incomparable service & pricing
- Coaching for USTA & ALTA team tennis
- Excitement, fun, etiquette & faster learning

To contact CoachV for
Private Lessons
Tennis Camps
Tournament training
Stringing

Cell : 917-664-8824
 Email: CoachV@TennisLessons-NY.com
 Web: www.TennisLessons-NY.com

***“The best Practice is done with a real partner
 in conditions as close as possible to a real
 tennis match.” - Pancho Gonzales***



TOP RANK TENNIS HEAD PRO

William Vazquez - CoachV Trained Under **Tom Blake** (James Blake father), **Colin Dibley** (former fastest server in the world), **Karen Buchholz** Currently with the NY Knicks, former Olympics committee member & Former WTA Tour Player . CoachV has been Top Ten in the Mens Open Eastern Division in 2006, 2007, the number one player from the Bronx for 12 months straight in 2007, & top ten in Southern GA and Southern Section in 2008.

COACHING PHILOSOPHY

“There is No Right or Wrong way to Hit the Ball.”

The Keys for success for All Tennis players

Personalized coaching &
positive reinforcement



Clear & Simple
Demonstrations

As a successful tennis coach and instructor in Atlanta & NY, my unique teaching style focuses on

- Building Self-confidence
- Establishing Values & Goals
- Enjoyment Fun and Good Sportsmanship
- Fitness and Professionalism
- Understanding and Communication
- NO Excuses
- YES Integrity



Cobb County...Expect the Best!

